



THE JAMES WILLIAMSON ENDURO CHALLENGE 2015

The fifth Willo Enduro will be held at Wingello on Sunday March 22nd 2015. Entries will open on October 1st 2014 through MTBA. To mark the fifth birthday of this special event, an individually designed Willo cycling jersey will be available for purchase at the time of registration. Full details of this, the race, and entry details will be available in the next newsletter.

JAMES WILLIAMSON JUNIOR DEVELOPMENT CAMP 2014

Applications may now be submitted for the fourth James Williamson Junior Development Camp to be held at Bungarra, November 14 - 16 2014. The Camp aims to give a select group of junior mountain bike riders the opportunity of learn from some of Australia's highest level mountain bike riders.

The weekend camp is structured around periods of physical activity mixed with theory and group discussion. This enables juniors to gain experience for all aspects of riding and mechanical know as well as hearing about the challenges of training, over-training, motivation and competition. The ratio between coaches and juniors kept at five to one, allowing juniors to benefit from individualized attention from experienced riders. As well, this camp has a personal aspect, with juniors encouraged to learn from coaches' personal reflections on the ups and downs of their riding careers with all that this entails! To be chosen for the camp, juniors must have displayed an aptitude for mountain bike riding, local race experience and a willingness to learn more. Details available by clicking on the following links

[Application Form](#)

[Camp Requirements](#)

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