



**SUNDAY MAY 13 TH 2012**

**EVENT INFORMATION**

**CHECKING IN/ REGISTRATION**

All riders must register at the Event Centre BEFORE going out on course. Registration is at the Event Centre and at the following times.

**Saturday 12th May:** 2pm – 8pm

**Sunday 13<sup>th</sup> May:** 6am– 9am

On registration, riders will receive a pack containing race number, water bottle and T shirt.

**RACE PROGRAM, START TIMES & PRESENTATION TIMES**

<b>Saturday 12th</b>	
7am – 1pm	Set up event Centre
2 – 8pm	Rego & practice laps
2 – 6pm	Coffee, tea, cakes available to purchase (volunteers provided with food and drink)
6 – 8pm	Dinner provided at Airfield with <b>Pete &amp; Simona's Homemade Catering</b>

<b>Sunday 13th</b>	
5.30am – 9am	Parking marshal in position
6am – 9am	Registration
6am – 4pm	Food available – SHCC marquee
6am – 4pm	Coffee & cake available <b>Pete &amp; Simona's Homemade Catering</b>
7am – 10am	Mechanic available for minor adjustments, repairs (McGees)
8.30am	Race marshals in place
8.45am	Race starts 13KM Junior- all categories
9.00am	75KM Open Male, 75 KM U19 Male
9.05am	75 KM Master Male
9.08am	50KM Open Male 50KM U19 Male, 50KM U17 Male
9.10am	75KM Open Female, 75KM Master Female,U19 Female
9.17am	50KM Master Male
9.20am	50KM Open Female, 50KM Master Female, 50KM U17 Female, 50KM U19 Female
9.25am	25KM Open Male, 25KM U17 Male, 25KM Master Male, 25KM Open Female, 25KM U19 Female, 25KM Master Female, 25KM U15 Female, 25KM U15 Male

11.00am	Sub Junior Race. Presentation at 12.15
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<b>Race Presentation Times</b>	
11.30am	Presentation 13KM all categories; 25KM Open male, 25KM Master Male, 25KM Open Female, 25KM U19 Female, & 25KM U15 male
12.30pm	Presentation 50KM open male, 50KM U19male, 50KM U17male, 50KM master male, and 50KM open female, 25KM U17 male (Ben Mikic Trophy) 25KM master female, 25KM U15 female
1.15pm	Main Presentation. 75KM open male, 75KM U19 male, 75KM Master male, 75KM Open female. 50KM Master female, 50KM U17 female, 50KM U19 female Draw lucky number for Giant bike giveaway. Draw raffle for Radical Light win
1.30pm	Cut off time. No rider to commence 25KM after this time. Sweep rider out
2.00pm	Presentation 75KM Master Female (if they have not come in by 1.45pm)
4.00pm	Last rider in, and Race finishes

## **BRIEFINGS**

Rider briefings will be held 10 minutes before the start of each category. All riders must be present at rider briefings specific to their category.

## **SEEDING**

Riders move to the start zone 10 minutes before start time. Riders will congregate into their designated start time zones (indicated by signage). Within each of these zones, riders sort themselves into with the fastest riders going to the front of the pack, and the slower riders towards the back.

## **PRACTICE LAPS**

The course will be open for practice on Saturday 12<sup>th</sup> between 8am & 8pm and on Sunday 13<sup>th</sup> from 6am – 8.30am. Full race services, including First Aid, will be provided from 8.30am until 4pm Sunday. Limited services will be provided during notified practice periods. Wingello State Forest is open to the public for riding at other times. Riders who are not MTBA members are not covered by the MTBA Day License insurance coverage until they have registered and collected their race number plate.

**MAP** go to <http://jameswilliamson.com.au/enduro/the-race/trail-descriptions/> All riders will receive a map in their race bag, and enlarged versions of the map will be available at the event Centre.

## **SPECTATOR POINTS**

There are two good spectator points within a short walk from the Event Centre. A map of these points will be available at the event centre and directions will be signposted to these positions.

## **SAFETY AND ASSISTANCE FOR RIDERS**

St John Ambulance will be at the Event Centre on Sunday 11<sup>th</sup> March from 8.30am – 4pm. There will also be a mobile First Aid officer circulating around the trails during the race. Marshals will be placed at junctions (where single track meets fire road) throughout the track. If you need first aid, speak to one of the marshals. If you come across an injured rider, please assist them, and tell another rider to alert the next marshal. Times will be adjusted where this is appropriate. Some of the downhill sections of fire roads have water bars which can be tricky with speed. Please ride within your ability at all times.

## **WITHDRAWING FROM THE EVENT**

If you feel unable to complete the race, notify a marshal, return to the forest camp (and then continue onto the Event Centre). The *Red Trail* at Wingello is well marked with directions about how to return to the forest camp. Make sure you notify timing officials when you return to the Event Centre. All marshals will carry maps with them for your assistance. Maps will be available at registration.

## **INDIVIDUAL RIDER WATER/FEED ZONE**

Parking is arranged so that all 75KM riders can park their cars beside the track, and feed from here. 50KM riders can use a spot along this area for their water and food. All riders are expected to carry enough water for each lap. There is water at the Event Centre, and two water stations on the track. All riders are expected to carry extra nutrition with them for each lap. If you are new to endurance events, the advice is to take more than you think you need, and eat and drink more often than you think you need!

## **CUT OFF TIME**

There will be a cut off time of 1.30pm. No rider from any category will be allowed to commence another 25km lap after this time

## **HELP AND ASSISTANCE**

Volunteers will be there to help wherever possible run this race and will wear green T shirts. If they don't know the answer to your enquiry, they can point you in the direction of someone who will.

## **SIGNAGE**

The course is signposted. Wherever there is a tricky section, a marshal will be posted to direct riders in the correct direction.

## **RACE RULES**

- All riders must have a technically sound mountain bike in good working condition
- All riders must wear an Australian approved cycling helmet
- All riders must carry enough water and food to sustain them for each lap
- All riders must carry a pump, puncture repair kit and spare inner tube (and know how to use them)
- Race numbers must be firmly attached to the front of each bike, and be clearly visible
- Please do not litter the forest. All riders to take rubbish out as they leave
- Riders are expected to assist other injured riders. Where appropriate, the time will be compensated
- All riders must register at the prescribed times
- All riders must read, understand and agree to the terms of the MTBA Event waiver form and concur with the terms of the waiver form. Riders under 18 years of age must have a parent or guardian sign on their behalf. If you have entered on-line you have already agreed to the waiver. We also ask you to read the waiver and sign to say that you agree to its terms. All riders who received complimentary entries must fill out and sign a waiver form at Registration. Registration marshalls will have list of those required to do this.
- Overtaking – call “track” or “rider” if riders need to overtake. But remember, the rider in front has right of way, until a clear section becomes available for passing.

## **KOM**

Points will be awarded for KOM at the top of a steep climb from Spratts Road (approximately five kilometres from the beginning of each lap) for each of the three laps. Points will be awarded to the first five riders in the each of male 75km and female 75km categories to get to the top of the climb. The KOM winner will be the rider with the highest number of points after three laps have been completed. (for both male and female 75km categories). The KOM will be marked 1km and 500 metres before the start of the climb and marked clearly at the finish of the climb for KOM points.

## **RACE NUMBERS**

Each rider will be given an individual number plate. This plate must be firmly attached to the front of your bike. Text on the number plates will be coloured according to the category and will include name, number, starting time and category. Race numbers will be available from the list at Rego.

## **PRIZES AND PRESENTATIONS**

Presentations will be held at 11.30, 12.30, 1.15 & 2.00 (See Event Schedule). Winners in all categories will be presented with trophies designed especially for this event. As well, winners will receive prizes donated by our sponsors.

## **DAY LICENCE REFUNDS**

All riders who paid Day Licences to register, who have since paid annual MTBA fees, will have the Day Licence fee refunded. Rider must show current MTBA licence to receive this refund. Refunds will be paid into the nominated credit card account used for entry within five days after the race.

## **INSURANCE**

All riders are covered by MTBA Insurance. See the [MTBA website](#) for information on the insurance cover for MTBA members and Day Licence holders.

## **RACE RESULTS**

- Lap times will be available live to riders on-screen at the end of each lap.
- Results will be available for categories throughout the day on screens, continually updated throughout the race.
- Results will be available on a local intranet, for riders with iPhones, iPads, Blackberries etc. Updated hourly.
- Results will be available on <http://jameswilliamson.com.au/enduro/>, <http://www.southernhighlandsc.com.au> ; and [www.corc.asn.au](http://www.corc.asn.au) on the night of 13 March

## **EVENT FACILITIES**

The event centre is at the airfield. Food, first aid, toilets and a bike mechanic will be available at the Event Centre on Sunday 13<sup>th</sup> May. This is where everyone must come to register. The event centre will have a wide display of sponsored products for sale and to try, bikes, clothes, nutrition, and magazines.

## **WATER**

Water will be available at the Event Centre from 6am.

## **FOOD**

The Southern Highlands Cycling Club will offer a wide range of food from the event centre, from 6.30am – 5pm on Sunday 13<sup>th</sup> March. Coffee and tea is available on Saturday evening and on Sunday morning from 6am.

**PARKING AT THE EVENT CENTRE**

Parking for the race will be available at the airfield. (No camping here). Marshals will guide you to park in specific areas. Please follow these directions, as this will allow traffic to move freely and safely to and from the site all day.

**MOBILE RECEPTION**

There is limited mobile reception at Wingello, although Telstra Next G covers most areas in the forest.

**SATURDAY EVENING**

Food will be available on Saturday evening at the Event Centre. Entertainment will be provided here, with music between 5 and 8pm, and a range of movies featuring mountain biking will also be show. Bring WARM clothes.

[www.jameswilliamson.com.au/enduro](http://www.jameswilliamson.com.au/enduro)